

ADVANCED GROUP

The Advanced Group is designed for clinicians who have a minimum of 2 years of Gestalt Therapy training. In the Advanced Group participants are expected to work as client and interact in the group setting with a minimum of defensiveness. Participants are expected to work as therapist in the group, be able to take criticism of their work as therapist, be experienced in doing psychotherapy, and have a good basic theoretical background in Gestalt Therapy theory. Applicants who lack this support should be placed in the Basic Group in which more attention is paid to personal support issues and wherein basic Gestalt Therapy theory is taught. As with other participants in the Basic and Advanced Groups, you will have an opportunity to have an individual therapist from either the Clinical Practicum or the Trainers Group if you desire

Advanced Group Learning Objectives:

- Build a support repertoire of therapist self-regulation presence and relationship skills.
- Develop greater observational and focusing ability
- Build a model that supports and guides these efforts and serves as a framework for integrating the knowledge and techniques from a variety of sources.
- Increase skills in actual therapeutic functioning and develop a personal style of doing psychotherapy.

In order to make this model of training effective and accomplish our learning objectives, participants must come prepared with accurate expectations and sufficient self-support.

Advanced Group participants will have the choice of joining one of the four following theory tracks:

1. Basic Gestalt theory
2. Short term treatment issues
3. The therapeutic relationship
4. Clinical Issues